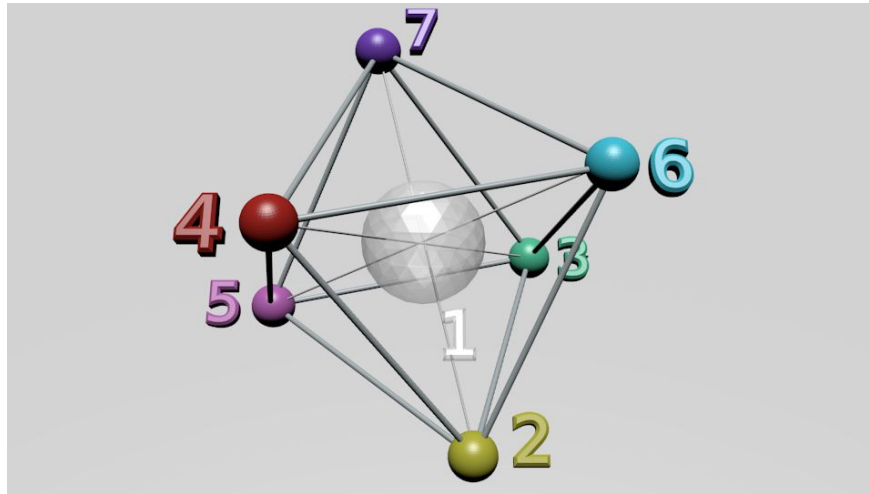
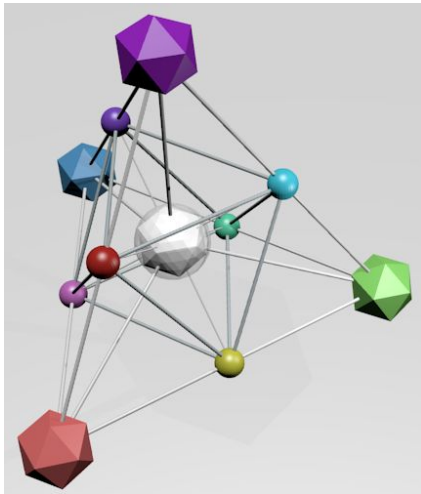


Aspect	outer / inner	Color icosahedron	Gift	Name of Mara's daughter, shadow	
People	outer	red	Openness	Pride	
Planet	outer	green	Connectedness	Desire	
Prosperity	outer	blue	Realness	Greed	
Pneuma	outer	purple	Clarity	Ignorance	
Peace	inner	white	Heart-connectedness	Fear	



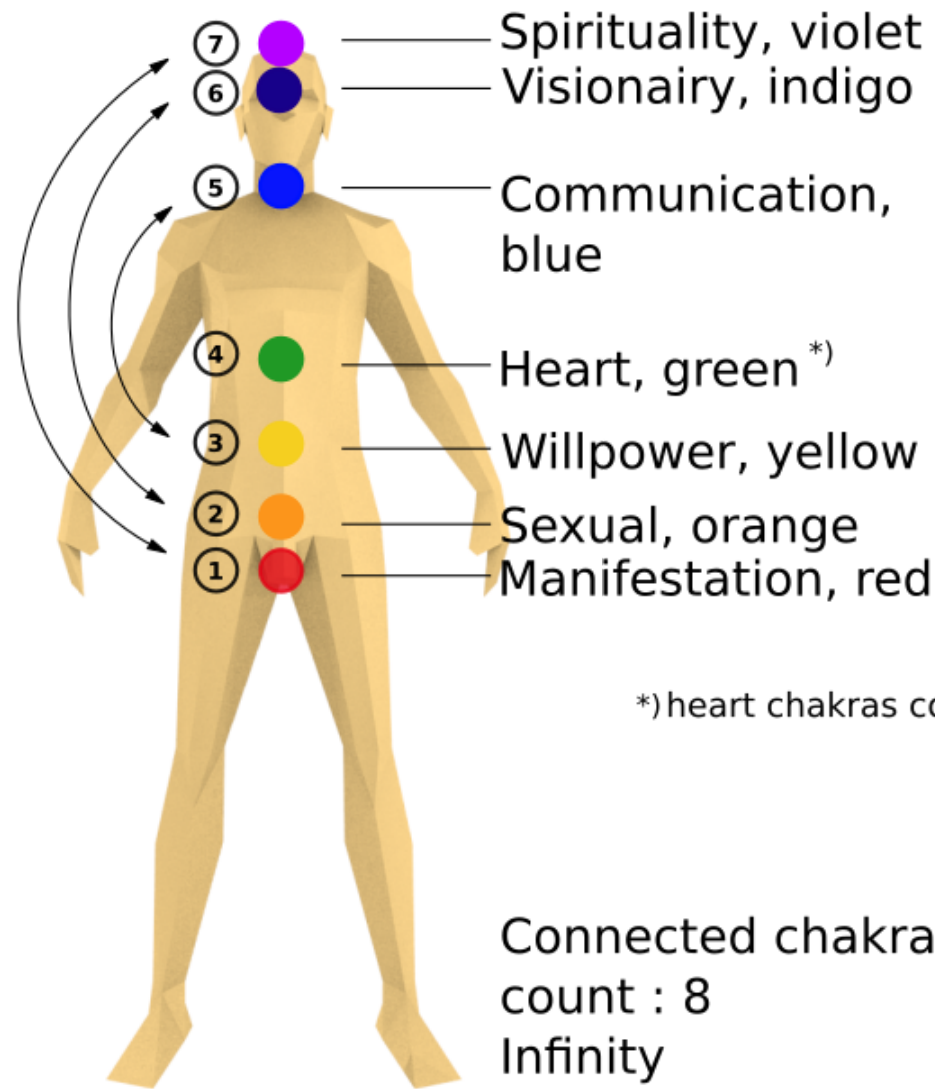
#	color	Anthropological constant (E. Schillebeeckx)	Quality *)	Pitfall	Gift masculine	feminine	Shadow Masculine	Feminine
1	transparent /white	"Who Am I?"		Pride	Joy	Peace	Rage (Fury)	Hubris
2	yellow	"Who/What is (the) Other?"	Safety	Wrath	Loyalty	Truth	Pride	Scorn
3	green	"What is the relation to Nature?"	Trust	Greed	Generosity	Happiness	Lust	Jealousy
4	red	"What is the relation to Time?"	Relaxation	Sloth	Imagination	Blessing	Deceit	Complaint
5	pink	"What is the Worth, Result of Human Action?"	Understanding	Envy	Resourceful	Beauty	Injustice	Trickery
6	blue	"What is the Bigger Meaning Defining Whole?"	Awareness	Gluttony	Knowledge	Wisdom	Guilt	Grief
7	purple	"What is the Source of All Suffering, Evil?"	Tenderness	Lust	Courage	Self-sacrifice	Wrath	Bitterness

*) the qualities of each relation is based on the intuition of Christian Pankhurst which describes the requirements to experience Peace as a person in 6 aspects, qualities that Life needs to offer organised in an abbreviation: S.T.U.A.R.T.

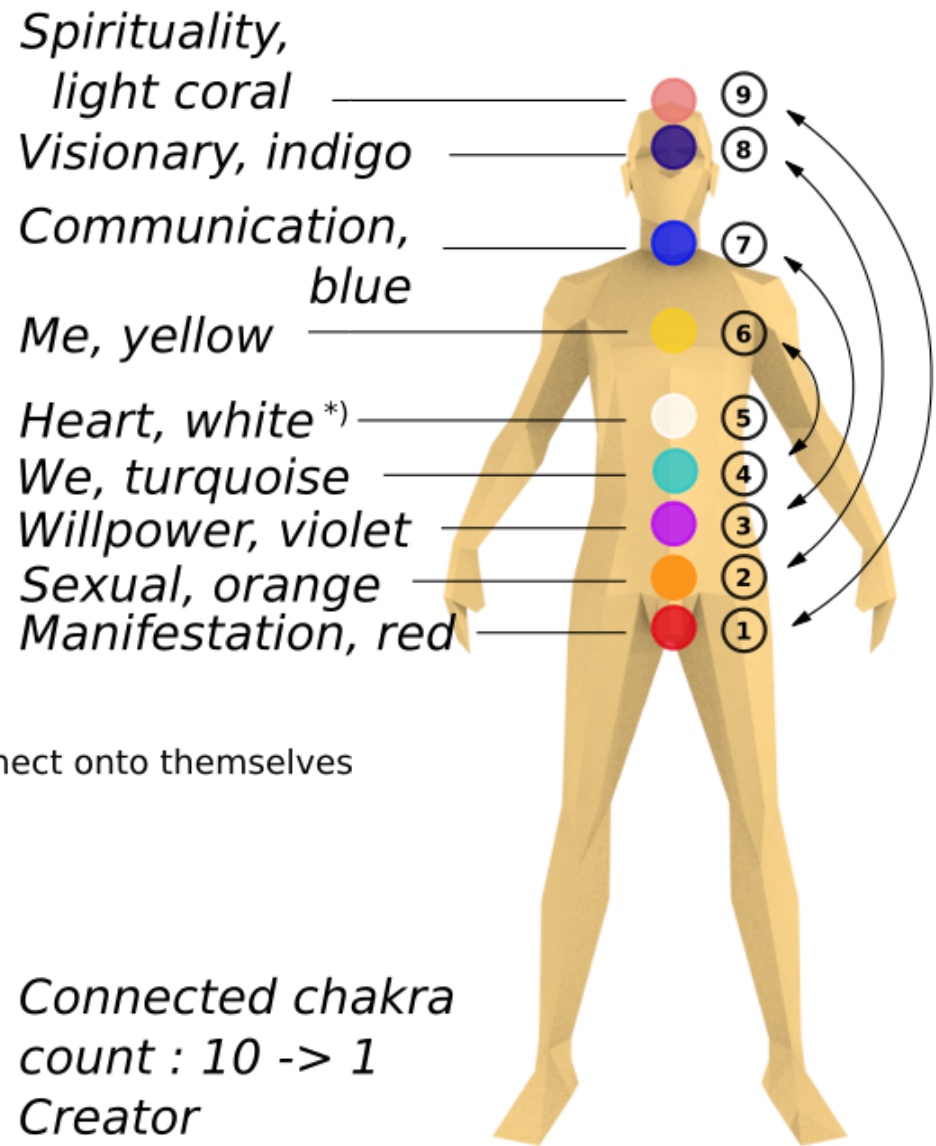
#	color	Circle quality	triangle/hierarchical quality	Basic Fears *)
1	transparent/ white			Fear of Death
2	yellow	Safety	Saving	Fear of Enslavement
3	green	Trust	Raising	Fear of Exclusion
4	red	Relaxation	Pushing	Fear of Time
5	pink	Understanding	Educating	Fear of Criticism
6	blue	Awareness	Influencing	Fear of Sickness, Weakness
7	purple	Tenderness	Commiserating	Fear of (material) Shortage

*) Based on: Jan Bommerez & Kees van Zijtveld (2004) Flow and Peak Performance in Business. Seven Vital insights for salespeople and entrepreneurs. Eemnes, Holland: New Dimensions Publishing House.

7 chakra



9 chakra



*) heart chakras connect onto themselves

Chakra #	Related question
1	What are the most basic things, elements, concerns?
2	What needs to be done to prolong Life?
3	What can be chosen freely?
4	What are the common things, elements, concerns?
5	What are the Universal things, elements, concerns?
6	What are personal things, elements, concerns?
7	What are the communication aspects and/or issues?
8	What are the visionary aspects and/or issues?
9	What are the spiritual aspects and/or issues?

Aspects of Life	People	Planet (Environment, group)	Prosperity (working together, Co-creating)	Pneuma (Thought models, Beliefs, worldview)
Right to Exist				
Manifestation	1 Wholeness Integrity	2 Oneness	3 / c1 *) Right to Exist	4 / c2 Philosophy / Spirituality
Existence	5 / c3 Wellness	6 / c4 Habitat	7 / c5 Redistribution	8 / c6 Talent development
Self-realisation	9 / c7 Awareness	10 / c8 Balance	11 / c9 Well-Being	12 World Peace

(13)
INNER
PEACE

*) the C1 is referring to the first chakra. All the C numbers refer to the related chakra within the 9 (13) chakra system.

Grid #	Chakra #	Noun	WoC aspect	Me We World	Body Meridian
01	--	Wholeness/Integrity	health	Care Awareness	Spline
02	--	Oneness	environment	Livelihood Care	Small Intestine
03	c1	Right to Exist	justice	Liveability Design	Kidney
04	c2	Philosophy/Spirituality	spirituality	Spirituality	Bladder
05	c3	Wellness	media	Interaction Administration	Lung
06	c4	Habitat	infrastructure	Liveability Administration	Large Intestine, Colon
07	c5	Redistribution	economics	Environmental Administration	Gallbladder
08	c6	Talent development	education	Skills Management	Liver
09	c7	Awareness	relations	Care Interaction	Heart
10	c8	Balance	science	Usability Management	Threefold warmer
11	c9	Well-being	arts	Meaning Management	Stomach
12	--	World peace	governance	Environmental Regulation	Circulation
13	--	Inner, Total Peace	--	--	--

Grid #	Body Meridian	Dualism	Affirmations
01	Spline	Caring <-> Careless	(+) I can relax and enjoy (my) life. (-) I need to worry about everything in (my) life.
02	Small Intestine	Receive <-> Reject	(+) I learn all the time from everything that happens in my life and I choose wise and well. (-) I block any opportunity to learn and have nothing to choose.
03	Kidney	Joy <-> Fear	(+) I love to live and to learn from my mistakes. (-) I will avoid any risk. I hate living comes with risks.
04	Bladder	Power <-> Powerless	(+) I own my life, I decide what happens in my life. (-) I am a cork on the current of Life.
05	Lung	Visible <-> Invisible	(+) I manifest my own place, space in life with pleasure. (-) I am unable to manifest a space to breath freely.
06	Large Intestine, Colon	Holding on <-> Letting go	(+) I let go of the, my past thus creating space for new things, insights. (-) I hold on to every and anything, afraid to let go, to miss anything.
07	Gallbladder	Decisive < Indecisive	(+) I easily make choices that are profitable to me and the larger whole. (-) I am unable to decide what to do in (my) life.
08	Liver	Change <-> Conservation	(+) I am glad with changes in my life, they make me grow. (-) I want to keep everything the same in my life.
09	Heart	Conditional <-> Unconditional	(+) I know, see myself for whom I am and love myself for whom I am now. (-) I am a stranger to myself and I hate myself for whom I am now.
10	Threefold warmer	Balance <-> Unbalance	(+) I am balanced, I am in flow, in harmony with Life in my life. (-) Balance, flow, harmony will never happen in (my) life.
11	Stomach	Satisfied <-> dissatisfied	(+) I am satisfied and feel blessed with whom I am and what I am. (-) None of my needs will (ever) be met, material or immaterial.
12	Circulation	Forgive <-> Blame	(+) I forgive anybody that acted badly against. harmed me. I take responsibility for

			my own growth. (-) I blame anybody and everybody for all the hardship in (my) life
13	--	--	--