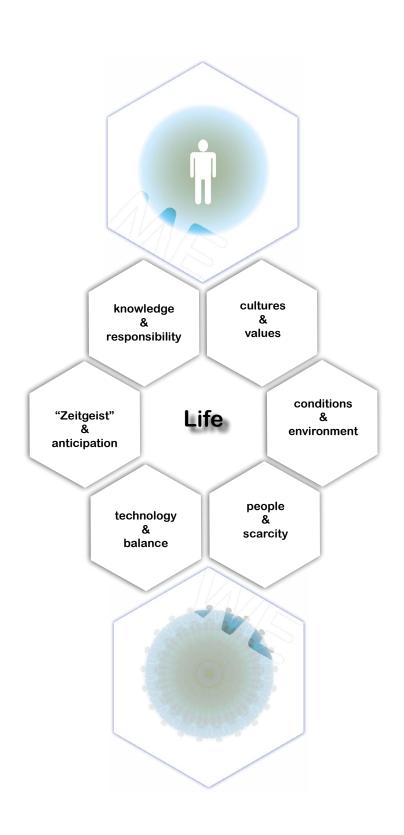


Positioning Human existence





Me-We game at WeShare Fest Paris 2017

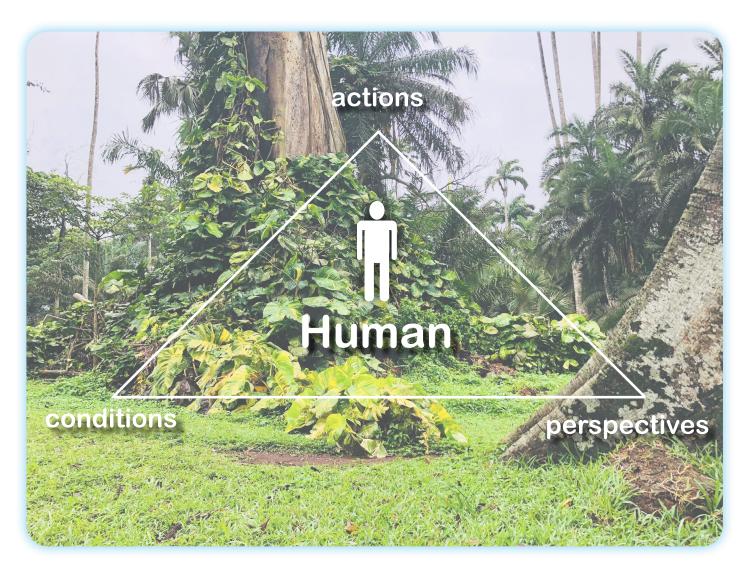
https://www.mewegame.com/

Geert-Jan van der Wolf Theologian



Some Me-We History The Hague (Netherlands) 2014.

A theologian, a social worker and a designer find each other and decide to make a board game. Not just any board game, but a serious game in which people can arrive at social insights and use their knowledge and talents through interactions and intrinsic motivation. It is 2021 and in the meantime, the game has further developed into the Me-We vision of life that has been elaborated from 2020 into a number of practical interactive tools that are combined with the Design Thinking methodology. Although the Me-We organization distinguishes three categories, including Community builders, entrepreneurs, and educators the Me-We program is widely applicable and intended for anyone who wants to think, live, and work in a future-oriented, innovative, sustainable, and socially responsible way.



People live in different eras and in different cultures under different conditions. Life is a dynamic interplay of different factors. In our Me-We frame, we distinguish 3 aspects from which life is lived. First, we mention Human Conditions. This is about the emotional state in which we find ourselves as humans under the influence of our fellow human beings and our living environment. Second, we mention Human Perspectives. This is the perspective from which we compose our worlds of meaning which determines what we find important in our life. Thirdly, we mention Human Actions. These are human actions that we engage in during our lifetime. We describe these actions in the Me-We frame as ritualizing, sharing and imagining. Below is an explanation of each part of the Me-We frame.



Human Conditions | Empathy mapping

RESTRICTION A situation may arise where you do not trust yourself or your environment does not trust you so that you migrose restrictions on yourself or your environment impose set territorium or yourself or your environment imposes them on you. A situation with restriction as a sendition that under some your standard or the sending of the sending	OVERKILL Too much information can lead to an information overload where it becomes difficult to understand the bigger picture where people end up in a state of indecisiveness. As a state of indecisiveness and transparent in a state of indecisiveness with the state of indecisiveness. WINDERSTANDING KNOWLEDGE How can we preserve objectivity in a community? How can we ensure that the information is sufficient and reliable?	Mith influence comes responsibility. A strong leader can lead a community to great heights but also the abyas. A downward protion can lead to a failure to fulfill responsibilities. RESPONSIBILITY How do people ensure that people in the community are sufficiently aware of for whom they choose to be their leader?	R STRESS When efficiency becomes the core purpose of the, it overrides meaning and value in the community. Break hills preschainsed RELAXATION V PEACEFULNESS Restriction gives life meaning. How much limitation does the community read to be meaningful and effective without causing stress?	Seeing the other as a victim does not mean that you are empathetic, it merely confirms the concept of inequality as a given. If you are the other as a victim you negled think that let is only conditioned. TENDERNESS UNCONDITIONALITY We need to make it through the next day, lan't it better iff you are not on your own? "I am because we are!"
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with fdentity, we claim our right to exist!	Roonleitge makes people sware and supports their autonomy and identity.			
		If you are in a position of authority you have a re- sponsibility to use your authority wisely.	Peacefulness is a precondition for Relaxation.	Unconditionality comes with the awareness that all depend on each other.
^	^	٨	^	٨
TRUST	UNDERSTANDING	AWARENESS	RELAXATION	TENDERNESS
V	V	V	V	V
T EXCLUSION	IGNORANCE	VULRENABILITY	EMPTINESS	IN NEED
If you are excluded you cannot be part of something and be recognized by others which means you don't belong anywhere and you are unable to share your thoughts and feelings.	Fear of criticism or ignorance can lead to a lack of knowledge and blocks the ability to have Clarity on a matter.	Weakness or Sickness is frighten- ing because it shows we are vul- nerable. If we ignore our vulnera- bility we ignore who we are.	If we have endless time there is nothing to live for. Living with limit- ed-time gives meaning because we have to make choices.	When the fear of scarcity strikes we are unable to see the bigger picture and forget that everythin is interconnected.
If you are left out you are unable to share your iden- by because you don't get the recognition for who or what you are!	Ignoration can result in a lasts of innestedget	Being vulnerable can distract us from being responsible.	An emptiness can lead to worry that will ultimately prevent you from having a peaceful existence.	If we are in need we tend to think conditional.
	T EXCLUSION If you are excluded you cannot be part of something and be recop, or lized by others which means you don't belong anywhere and you are unable to e hare your thoughts and	T EXCLUSION If you are excluded you cannot be part of semathing and be vecop, or unable to share youth on the long anywhere and you are unable to share your thoughts and an author to the work of th	TRUST V IGNORANCE Fear of criticism or ignorance can lead to a lack of knowledge and blocks the ability to have Clarity on a matter. Weakness or Sickness is frightening because it shows we are vulnerable to share you thoughts and	TRUST UNDERSTANDING AWARENESS RELAXATION V T EXCLUSION If you are excluded you cannot be part of something and be recognicated by others which means you don't belong anywhere and you are unable to share yourthoughts and unable to share yourthoughts and unable to share yourthoughts and where the same and you are unable to share yourthoughts and unable to share your thoughts and unable to share yourthoughts and unable to share your thoughts and y

Human condition panel | Community Empathy map



► go to Me-We S.T.U.A.R.T. contextual sheet

Human condition | Empathy mapping on Google forms

One of the most powerful tools from the Me-We frame is the Human Conditions / Empathy Map. This instrument is inspired by the intuition of Christian Pankhurst (Heart IQ) who describes 6 aspects (conditions) of life in human relationships to experience peace as a person. These aspects (conditions) are Safety, Trust, Understanding, Awareness, Relaxation and Tenderness in an abbreviation: S.T.U.A.R.T. The Me-We team has further interpreted/ elaborated these aspects. In the Me-We system each aspect is called a human condition that is linked to a value of life. Through this model various problems/challenges in daily life can be evaluated.



Human Perspectives | Consideration mapping



Environmental approach:

How does the problem affect nature?



Economical approach:

How does the problem affect our livelihood?



Visionairy approach:

How does the problem affect our mindset?



Humanistic approach:

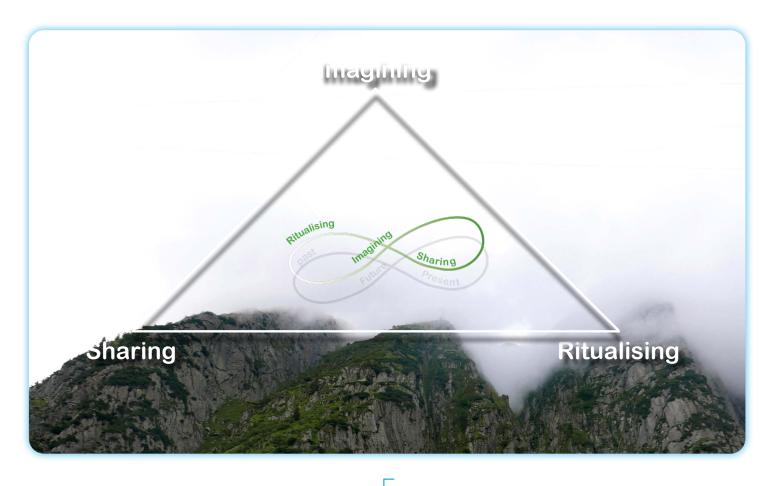
How does the problem affect our empathy?

In the Me-We vision, we have a consideration matrix based on the well-known list of People, Planet, Profit but changed Profit in Prosperity and added Pneuma!

An important insight about insights is that they are formed from different angles and interests of those involved. When it comes to human existence, the human environment and its influence on it cannot be ignored. Early in the 1970s, the theologian Edward Schillebeeckx talks about a balance between nature and technology, he describes as an anthropological constant. In the Me-We vision, we have a consideration matrix based on the well-known list of People, Planet, Prosperity. We add Pneuma as an extra dimension to this. A word that comes from the Greeks and means breath. In a religious context, it also means spirit or soul. At Me-We we use this word to talk from a holistic mindset with a vision for the future.



Human Actions | Roleplaying / Intrinsic motivation



From the Me-We vision, people are mainly engaged in 3 fundamental actions during life. These actions are regenarative.

Sharing

> Economise value

Imagining

> Anticipate time

Ritualising

> Meaningful education

From the Me-We vision, people are mainly engaged in 3 actions during life. These actions are regenerative. First, we use the term Ritualization. This verb contains the concept Ritual, which can be described as an action with meaning. This Meaning is inseparable from where we come from and what shaped us (our past). What do we know and what have we learned? In a practical context, this is about education and communication. As a second action, we call sharing. In practice, this is usually about the distribution of prosperity and well-being and the planet we share with each other. It is about being together and working together and its current status. We call the third action imagining. This action gives us perspective for the future. Something to live up to! This action requires vision and creativity. In practice, it is about anticipating the future. In our workshops and games, we use roleplaying, scenario and consideration cards to inspire people.







