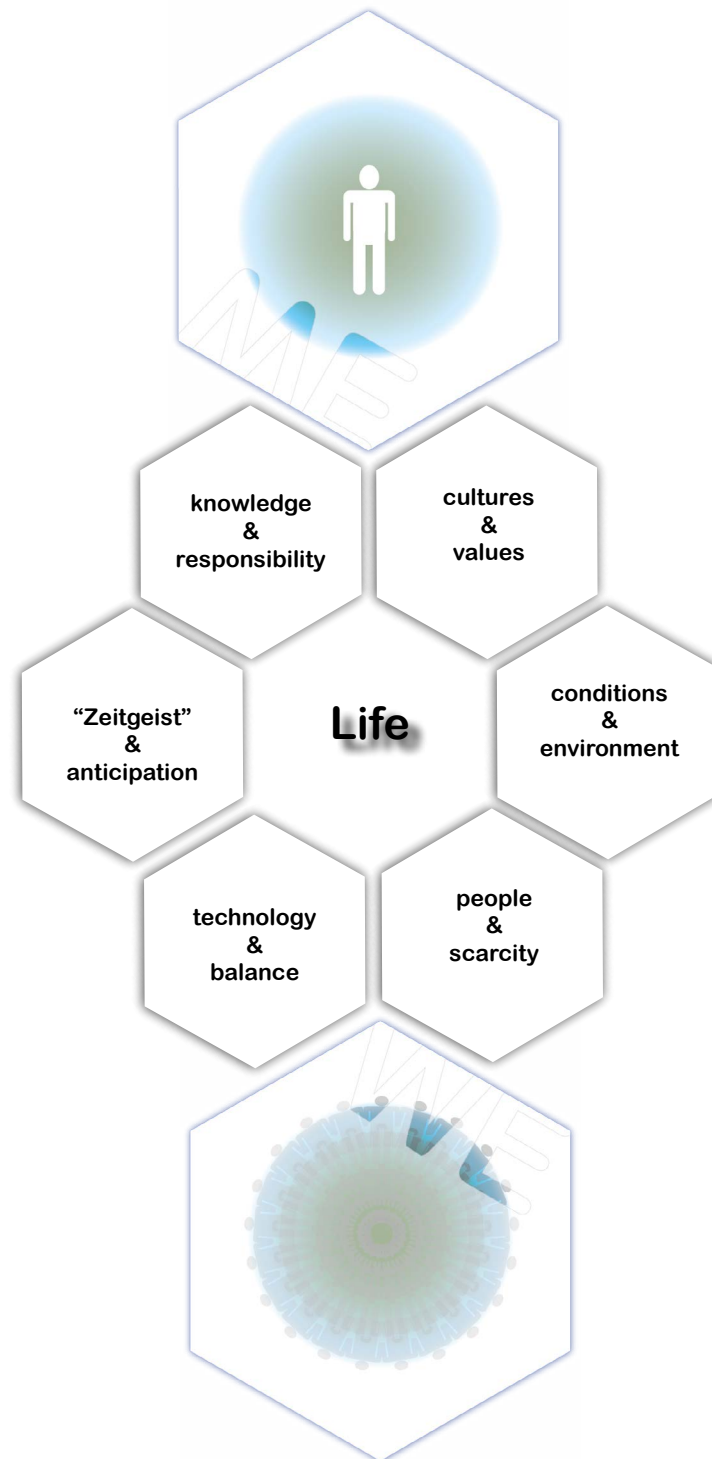




The Me-We frame

Positioning Human existence





The Me-We frame

Introduction



Me-We game at WeShare Fest Paris 2017

<https://www.mewegame.com/>

Geert-Jan van der Wolf
Theologian



Simone de Wijn
Social worker

Lawrence Kwakye
Designer

Some Me-We History

The Hague (Netherlands) 2014.

A theologian, a social worker and a designer find each other and decide to make a board game. Not just any board game, but a serious game in which people can arrive at social insights and use their knowledge and talents through interactions and intrinsic motivation. It is 2021 and in the meantime, the game has further developed into the Me-We vision of life that has been elaborated from 2020 into a number of practical interactive tools that are combined with the Design Thinking methodology. Although the Me-We organization distinguishes three categories, including Community builders, entrepreneurs, and educators the Me-We program is widely applicable and intended for anyone who wants to think, live, and work in a future-oriented, innovative, sustainable, and socially responsible way.

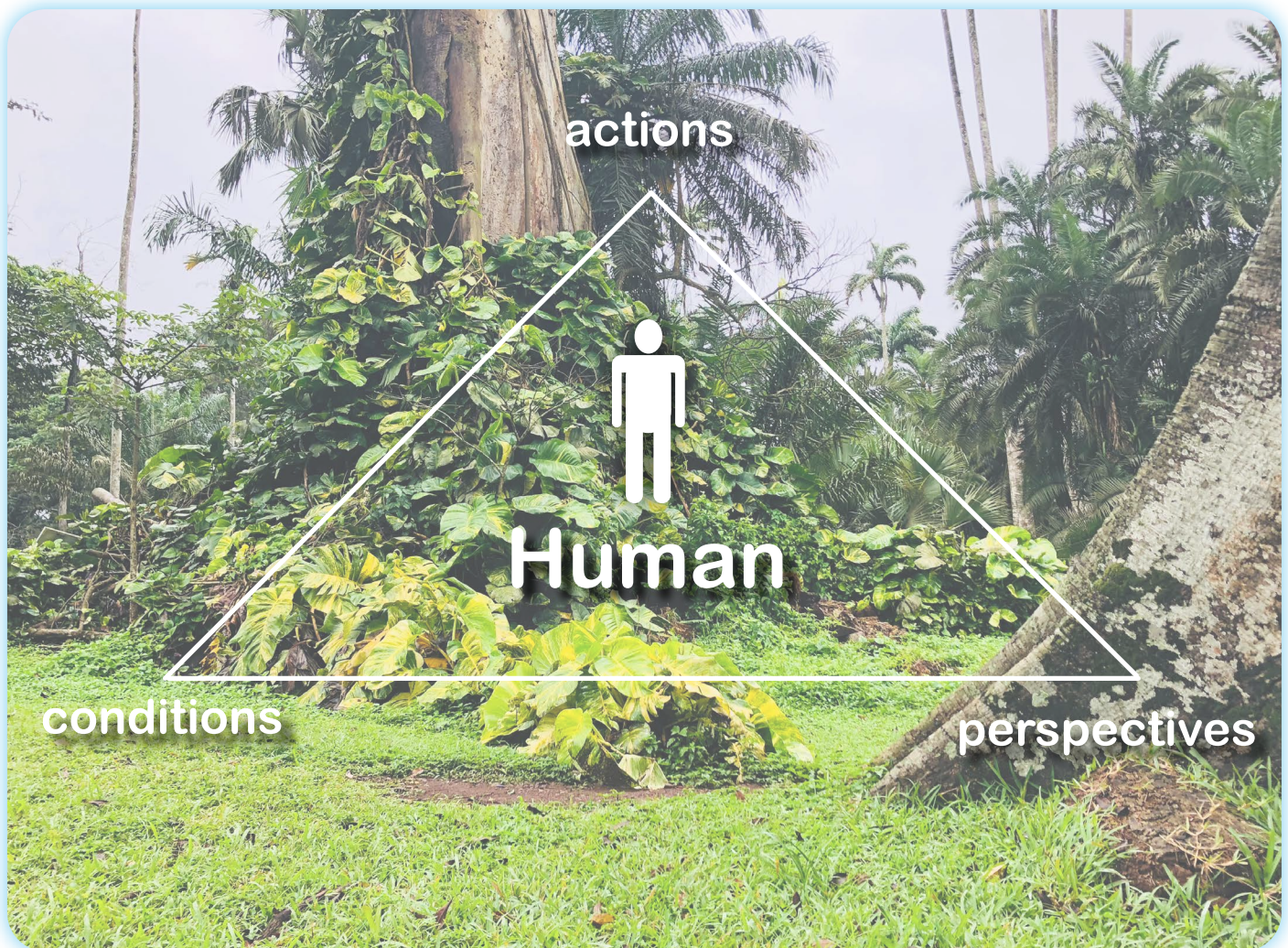
<https://me-we-world.com/>



The Me-We frame

Positioning Human existence

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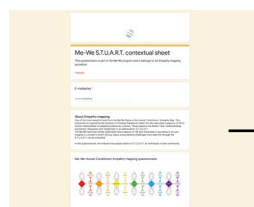
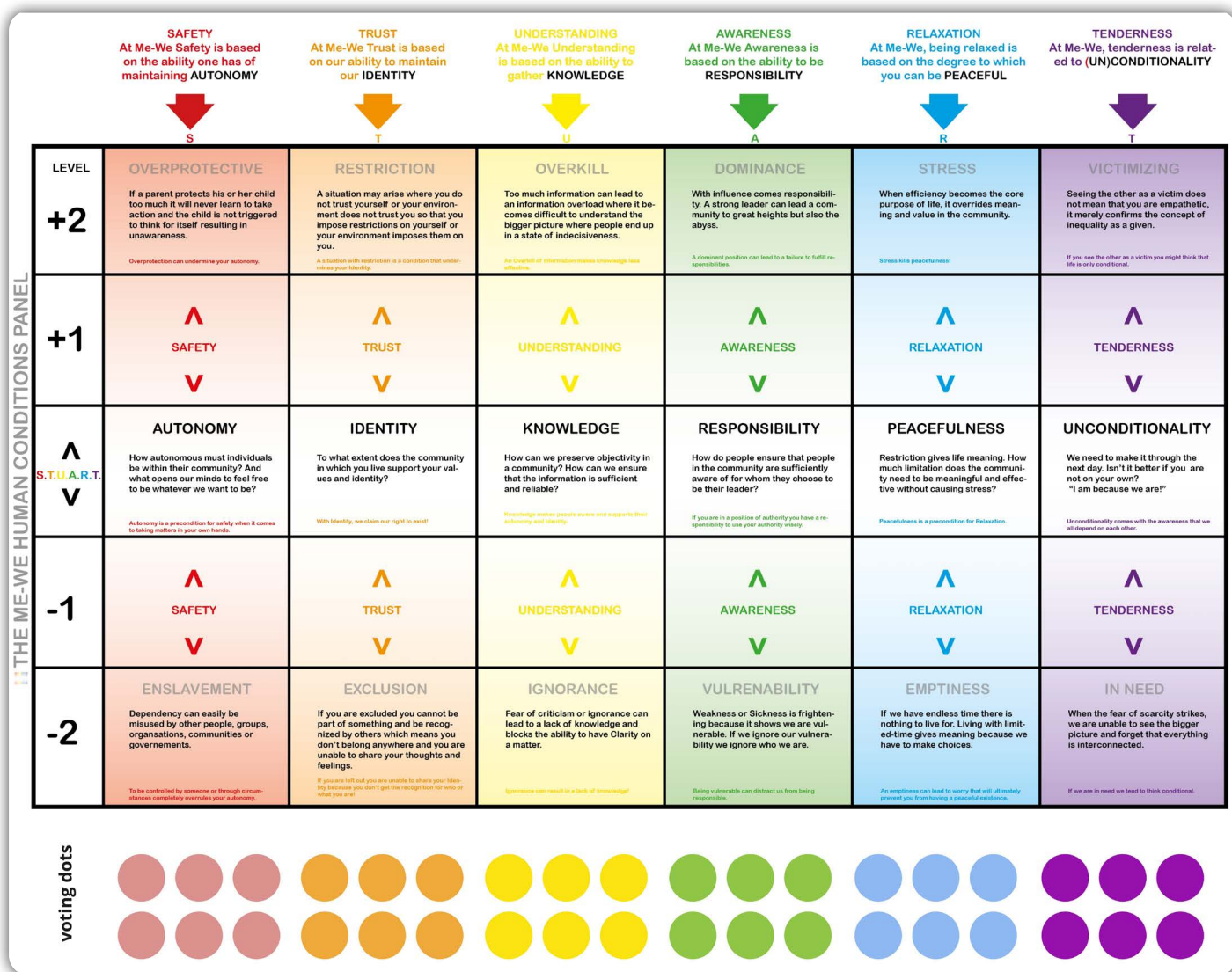


People live in different eras and in different cultures under different conditions. Life is a dynamic interplay of different factors. In our Me-We frame, we distinguish 3 aspects from which life is lived. First, we mention Human Conditions. This is about the emotional state in which we find ourselves as humans under the influence of our fellow human beings and our living environment. Second, we mention Human Perspectives. This is the perspective from which we compose our worlds of meaning which determines what we find important in our life. Thirdly, we mention Human Actions. These are human actions that we engage in during our lifetime. We describe these actions in the Me-We frame as ritualizing, sharing and imagining. Below is an explanation of each part of the Me-We frame.



The Me-We frame

Human Conditions | Empathy mapping



→ [go to Me-We S.T.U.A.R.T. contextual sheet](#)

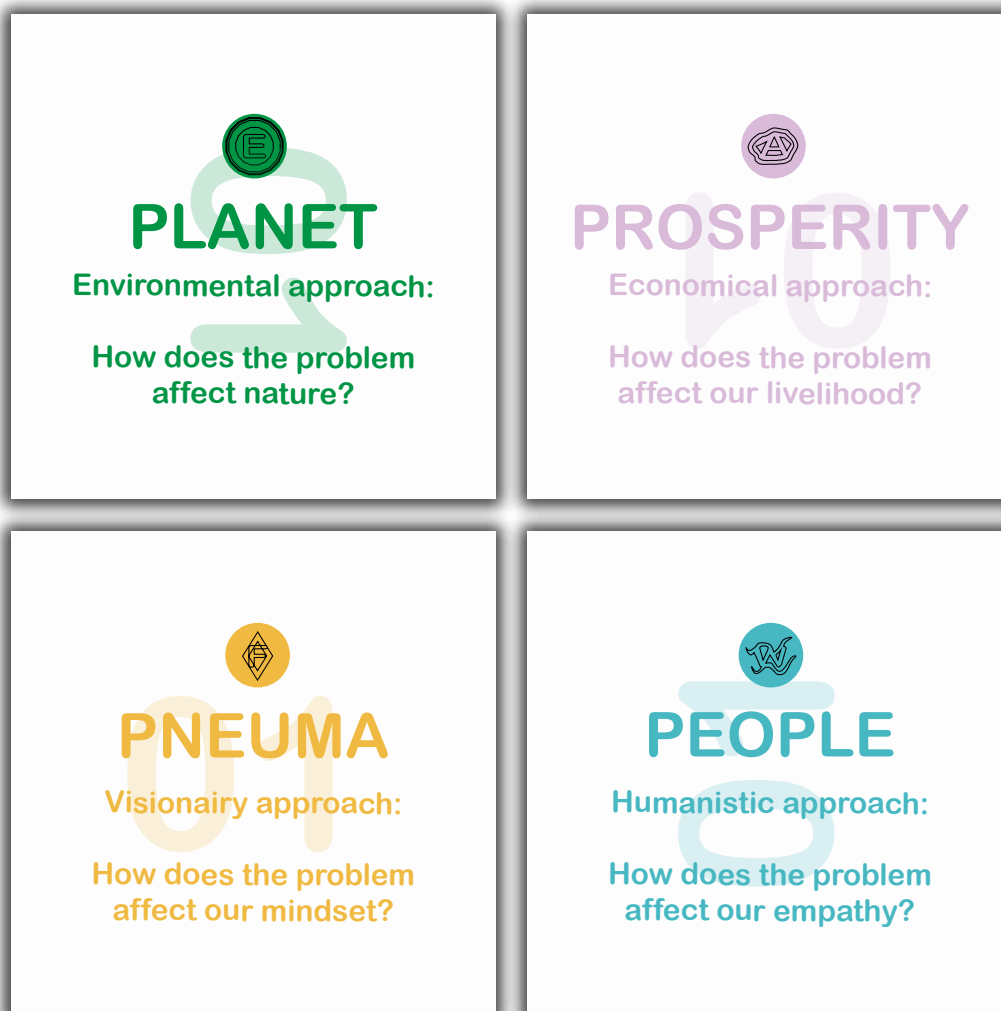
Human condition | Empathy mapping on Google forms

One of the most powerful tools from the Me-We frame is the Human Conditions / Empathy Map. This instrument is inspired by the intuition of Christian Pankhurst (Heart IQ) who describes 6 aspects (conditions) of life in human relationships to experience peace as a person. These aspects (conditions) are Safety, Trust, Understanding, Awareness, Relaxation and Tenderness in an abbreviation: S.T.U.A.R.T. The Me-We team has further interpreted/ elaborated these aspects. In the Me-We system each aspect is called a human condition that is linked to a value of life. Through this model various problems/challenges in daily life can be evaluated.



The Me-We frame

Human Perspectives | Consideration mapping



In the Me-We vision, we have a consideration matrix based on the well-known list of People, Planet, Profit but changed Profit in Prosperity and added Pneuma!

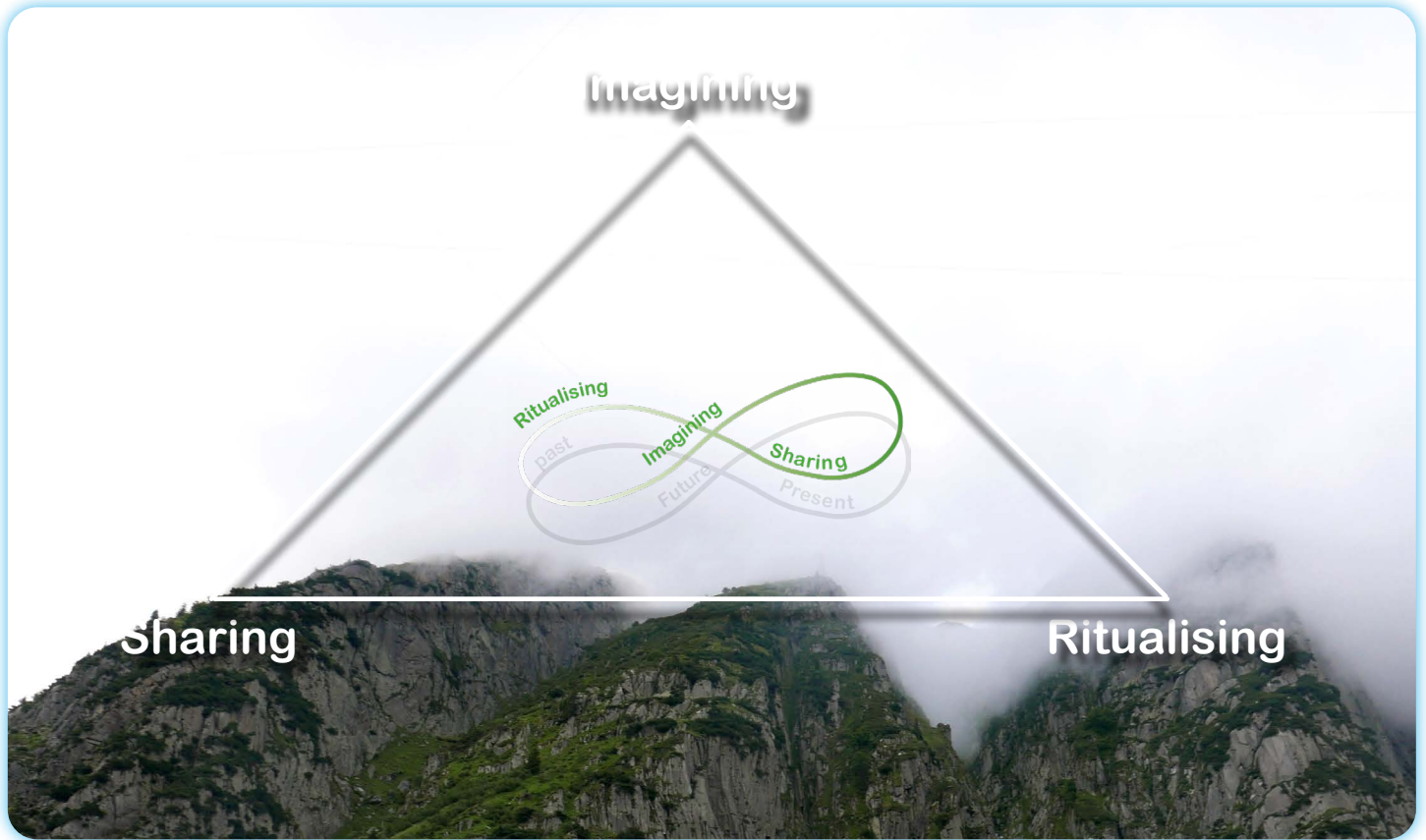
An important insight about insights is that they are formed from different angles and interests of those involved. When it comes to human existence, the human environment and its influence on it cannot be ignored. Early in the 1970s, the theologian Edward Schillebeeckx talks about a balance between nature and technology, he describes as an anthropological constant. In the Me-We vision, we have a consideration matrix based on the well-known list of People, Planet, Prosperity. We add Pneuma as an extra dimension to this. A word that comes from the Greeks and means breath. In a religious context, it also means spirit or soul. At Me-We we use this word to talk from a holistic mindset with a vision for the future.



The Me-We frame

Human Actions | Roleplaying / Intrinsic motivation

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From the Me-We vision, people are mainly engaged in 3 fundamental actions during life. These actions are regenerative.

Sharing

> Economise value

Imagining

> Anticipate time

Ritualising

> Meaningful education

From the Me-We vision, people are mainly engaged in 3 actions during life. These actions are regenerative. First, we use the term Ritualization. This verb contains the concept Ritual, which can be described as an action with meaning. This Meaning is inseparable from where we come from and what shaped us (our past). What do we know and what have we learned? In a practical context, this is about education and communication. As a second action, we call sharing. In practice, this is usually about the distribution of prosperity and well-being and the planet we share with each other. It is about being together and working together and its current status. We call the third action imagining. This action gives us perspective for the future. Something to live up to! This action requires vision and creativity. In practice, it is about anticipating the future. In our workshops and games, we use roleplaying, scenario and consideration cards to inspire people.

communication



Ritualising

sustainability



Imagining

prosperity
& well-being



Sharing

