



MWW_PRACTICE_PRIMER

An Introduction to Relational Navigation for Complexity

MWW (Me–We–World) is a relational framework for navigating complexity.

Rather than offering predefined solutions, MWW helps individuals, groups and organisations develop orientation within uncertain situations.

The framework starts from a simple observation:

Complex situations are rarely difficult because information is missing. More often, they become difficult because people lose orientation between personal experience, collective meaning and systemic realities.

MWW provides a shared language for reading, mapping and engaging these situations.

THE RELATIONAL FIELD

Every situation can be explored through three perspectives:

ME

The personal experience, responsibilities and positioning of individuals.

WE

The relationships, agreements and collective meaning that emerge between people.

WORLD

The wider structures, institutions, incentives and systems that shape the situation.

Together, these perspectives form a relational field in which complexity becomes visible.

THE C·R·A FRAMEWORK

MWW uses three dimensions that are present in every situation.

CONDITIONS

How is the situation experienced before it is interpreted?

- embodied conditions
- relational climate
- contextual conditions

RELATION

How is meaning constructed and shared?

- personal positioning
- shared meaning-making
- structural framing

ACTION

How is meaning translated into commitments and structures?

- personal commitments
- collective agreements
- systemic implementation

Together, Conditions, Relation and Action form the core reading structure of MWW.

S·T·U·A·R·T — RELATIONAL QUALITIES

MWW combines the C·A framework with six relational qualities known as S·T·U·A·R·T.

Safety

Trust

Understanding

Awareness

Relaxation

Togetherness

STUART does not evaluate situations as good or bad.

Instead, it reveals the relational qualities that are present, absent or under pressure within a situation.

THE DOUBLE LENS

MWW applies a second layer of observation through the tension between:

Law

Rules, roles, incentives, procedures and compliance.

Ethics

Care, responsibility, lived experience and legitimacy.

Complex situations often arise when legal correctness and ethical legitimacy no longer align.

The Double Lens helps keep this tension visible without collapsing one into the other.

THE NAVIGATION ECOLOGY

MWW is not a single method.

It is a navigation ecology consisting of:

- Routes
- Matrices
- Card decks
- Canvases
- Facilitation modes
- Publications
- Readings

These elements can be combined depending on context and purpose.

THE FIVE NAVIGATION ROUTES

Route A — Relational Reading

Understanding what is happening in a situation.

Route B — Commons Governance

Creating shared meaning, participation and collective coordination.

Route C — System Field

Reading institutional, technological and governance structures.

Route D — World Pressure

Understanding wider systemic pressures and contextual dynamics.

Route E — Transformation

Designing pathways, interventions and future-oriented change.

Together, these routes form the operational structure of the MWW framework.

FROM READING TO INTERVENTION

MWW starts with reading before intervention.

Rather than asking:

"What should we do?"

MWW first asks:

"What is happening here?"

Reading creates orientation.

Orientation enables more coherent action.

Action becomes intervention only after conditions, relations and systemic dynamics have been understood.

APPLICATIONS

MWW can be applied in:

- Governance and policy
- Education
- Community development
- Organisational change
- Technology and AI
- Future literacy
- Commons and cooperative initiatives
- Transition and innovation processes

The framework scales from individual reflection to systemic transformation.

LEARN MORE

This primer introduces the foundations of MWW.

For deeper exploration, see:

- [Navigation Matrices](#)
- [Meadows × MWW Interpretation](#)
- [Meadows 5 Zone Model](#)
- [Relational Readings](#)
- [Relational System Design](#)
- [Case Studies and Publications](#)

MWW helps people navigate complexity by strengthening relational awareness, systemic literacy and collective sensemaking.